

Collier Schools - Health Services

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Hello and Welcome to the 2023/2024 School Year at Collier School,

Nurse Theresa at the HS and Nurse Gwen at the MS have created this document to familiarize you with our role as your child's school nurse and to serve as a resource for you and your child.

Please note that prior to entry to Collier Schools all students must provide proof of immunization compliance in accordance with the NJ Department of Health. Immunization requirements can be found at: https://www.nj.gov/health/cd/documents/imm_requirements/k12_parents.pdf

The **Student Health History** form is extremely important for the nurses to have. This form is on the Collier HS and MS websites under the tab "Documents & Forms-Nurse Forms" (link below). **This form must be completed annually.**

The **OTC (Over the Counter) Medication Form**, is available in the "Documents & Forms- under the "Nurse Forms" tab, should you want your child to receive Tylenol, Advil, Tums or Benadryl while at school.. **This form must also be completed annually.**

Also on the CHS and CMS websites under the "Documents & Forms-Nurse Forms tab you will find:

- Medication Administration Form - should your child require prescription medication to be administered at school
- Asthma Treatment Plan - if your child has asthma and requires medication in school.
- Food Allergy and Allergy Form - should your child be prescribed Epinephrine for anaphylaxis.
- Epipen Delegate Form is required when submitting a plan requiring an Epipen.
- Seizure Action Plan - should your child require medical assistance during a seizure.

These forms must be completed every year by your child's physician and yourself. If you do not have access to a printer please let me know and I will send home a hard copy of the form(s) with your child.

- Additionally on the CHS and CMS website under the "Documents & Forms-Nurse Forms tab you will find documents related to Sports Physicals.
- <https://www.collierhighschool.com/parents-students/documents-and-forms>

Students are NOT ALLOWED to carry medication of any kind in school; this includes OTC (over the counter) medication such as acetaminophen, eye drops, ibuprofen, etc. Inhalers and/or Epinephrine Auto-Injectors may be carried with proper medical documentation and school nurse approval.

Prescription medication MAY NOT be carried. **For medication to be administered in school the following criteria must be adhered to: a completed medication administration form filled out by the physician with parental signature (must be completed annually). The medication in the original container brought to school by the parent (if parents cannot bring in the medication the**

student will be allowed after verbal permission is granted from the school nurse). Medication administration forms can be found on our website.

The NJ Department of Education suggests a physical examination to be completed upon school entry. A physical examination done within the past 365 days of entry is deemed acceptable if a copy can be obtained. It is recommended that students have a physical examination between grades 7-12 or annually if your child participates in an athletic program (paperwork is on the website-under nurse's office). The student's doctor (medical home) should complete these examinations. Please send proof of the examination to the school nurse. The Department of Health strongly encourages children with chronic conditions such as asthma, diabetes, or sickle cell anemia, to receive the Flu vaccine each fall.

Our school nurses here at Collier Youth Services, provide the following health services:

- Height, weight and blood pressure screening annually, medication administration, health counseling, first aid, vision screenings (grades 6, 8 & 10), hearing screenings (grades 7 & 11), scoliosis screenings (biannually for students between 10-18 years old) and other medical care as needed.

IMPORTANT:

- Students should not attend school if they are ill. Reasons for not attending school include, but are not limited to: vomiting and/or diarrhea within the past 24 hours, elevated temperature (>100.0) within the past 24 hours, strep throat, conjunctivitis, ear infection with drainage, influenza, or any other communicable (infectious) disease.
- If your child requires surgery or an extended absence from school due to a chronic or acute medical condition please notify the nurse directly. Medical clearance from your child's physician will be required to return to school - physician notes must include dates of excused absences from school listing any restrictions or exclusions (if applicable), the date the student is medically cleared to return to school and if any prescription medications or specific treatments are needed.
- Students need a written doctor's note to receive prescription medication in school, to return from medical exclusion, to use crutches or other orthopedic device, accommodations/modifications during the school day due to ambulatory issues, or to be excused from Physical Education class due to chronic conditions (physician note must be updated annually)
- Parents should notify the school nurse immediately if their child has been diagnosed with food allergies, insect sting allergies, diabetes, asthma, sickle-cell, or any other potentially life-threatening illness.

Our #1 priority at Collier is the health and safety of all students, their families, our staff and the community at large. Current Covid - 19 information and protocols can be found on the Collier HS and MS website under Covid-19 Resources.

Thank you for partnering with us to ensure the health and safety of your child and their peers. Please reach out to the school nurse at your child's school for any questions or concerns.

We are looking forward to a great year,
Nurse Theresa & Nurse Lisa